

# If I were a Chef



Medi0Liver



*This book belongs to*

-----









*This book is dedicated to all those  
who need clean water to drink.*

*By buying this book you are helping!*

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Hi, I am Ollie and this  
is my sister, Mia!



Who are you going  
to be today, Ollie?



My name is Beau Bunny!  
I am supposed to stay at home and  
eat carrots, but why should I miss  
out on Mia and Ollie's adventures?



If I were a Chef,  
what would I do?







I would cook food for me  
and food for you!

I would make porridge for  
breakfast with fruit on top,





and catch the toast  
before it went pop!



Exhausted from shopping, i would need a cup of tea.







When serving dinner  
I would count each pea!

At school I'd serve food  
of all colours on each plate,





TODAY  
LUNCH

and tell the hungry kids:  
line up, please wait!



Vegetables and protein  
it's all good stuff.





Some come smooth and shiny,  
and some are dirty and rough!

Lovingly I'd wash and  
chop and stir,







Beau would be helping and  
the cat would purr.

Tea parties for teddies  
and cakes for the guests.







I'd even start cooking before  
I got dressed!

Most of all, I'd experiment  
with new tastes and smells!





I would decorate the Christmas cake with one of Santa's bells.

## **It's good to talk...**

Special time to explore and discover what and how your child thinks:

- Have you ever picked and eaten fruit from a tree?
- How many red or green or yellow foods can you think of?
- What vegetables have you seen get chopped up?
- What is your favourite food?
- Can you think of a vegetable you eat raw or cooked?

# Make it a gift

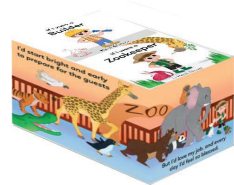
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choose from 'boy' or 'girl' as the main character

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## Personalised books

There are over 60 titles in this series.  
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## About Medi

Medi mostly just wanted to please but he also wanted to be a writer. With an overwhelming need to make Medi's life mean something, we've built the first pipeline in Ethiopia and hope you will enjoy this book and support us or buy more. This book is dedicated to my beautiful boy, I miss laughing till we cried, talking about everything, your peaceful protests and your cheeky smile.



## If you would like to do more...

Why not become a regular contributor to help get clean and safe water to those who have none? You can set up a Direct Debit at

[www.medioliver.org](http://www.medioliver.org)



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